



Determination of compounds present in Essential Oils with anti-fungal activity by GC-MS: production of a safe and efficient anti-fungal treatment through encapsulation

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Essential Oils (EO) have been used since ancient times for medicine. Plantar bromhidrosis is a condition that can appear when sweat combines with microorganisms, such as fungus, on our skin, shoes, and socks. Compounds present in some EO might reveal anti-fungal properties, which may help fight this condition¹. The main objective of this work was to characterize the compounds present in a chosen EO blend while also encapsulating it within β -cyclodextrin (β -CD) nanoparticles. The compounds present inside the nanoparticles were also characterized and this complex will later be used to create textiles that can be applied in anti-fungal treatments. Quantification of the volatile compounds present in the EOs was performed by a GC-MS analytical equipment from Agilent Technologies with a HP-5 MS capillary column (30m x 0.25-mm I.D., 0.25- μ m film thickness). The injection port temperature was set at 250 °C while the transfer line temperature was set to 280 °C. The oven temperature ramp started at 40 °C for 5 min, after which a 5°C/min rate up to 250 °C was applied and held for another 5 min. 1 μ L of sample extracts was injected in split mode (50:1). The physicochemical characterization was performed by X-ray diffractometry (XRD). The main compounds present in blend were Alpha-Pinene, 1,8-Cineole, L-Menthone, Menthol and Thymol with percentages around 6,08%, 27,26%, 5,00%, 7,34% and 14,24% respectively. A total of 3,26% of the main compounds present in the EO blend was incapsulated in the β -CD, with Menthol and Thymol presenting the highest complexation percentage. XRD analysis allowed us to compare the pattern of inclusion complexes with those of the pure crystalline β -CD. The disappearance of the peak 4,7° and peak 9,2° and the appearance of a new peak at 15° and 18° after complexation, is associated with the transformation of the β -CD cage type packaging into a channel type packing, which strongly proves the formation of the EO- β -CD inclusion complex.

1. Nazzaro et al. *Pharmaceuticals* **2017**, *10*, 86. <https://doi.org/10.3390/ph10040086>

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