DETERMINATION OF THE ANTIOXIDANT ACTIVITY OF CAPSICUM ACCESSIONS

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Abstract: The human populations uses the genus *Capsicum* (sweet and hot peppers) in several ways for ornament and/or consumption. The fruits consumption can be in natura, fried, boiled, powder and they are usually in combination with other foods due to their antioxidant capacity. Besides to food preservation potential [1], the antioxidant substances present in the Capsicum fruit has antitumor effects, antiinflammatory, antihypertensive, aid digestion and retard cellular aging [2-3]. The present work aimed to verify the antioxidant activity of four accessions of the genus Capsicum. For this purpose, we evaluated dried fruit with seeds of C. praetermissum, C. annum var. glabriusculum and C. annum var. annum (Cayenne long and Etna). The fruits were macerated and diluted in ethanolic (100% ethanol) and hydroethanolic (70% ethanol) solutions in proportion of 1:10 (w/v). After seven days of rest, the extracts were filtered and divided into three concentrations (100%, 50% and 25% of original extract). The extracts were subjected to determination of antioxidant activity percentage (%AA) by DPPH radical capture method (2,2-diphenyl-1-picrylhydrazyl). For each concentration of the extract, were prepared triplicates of controls tubes (C) [1.25 mL of absolute ethanol; 1 ml of 0.1 M sodium acetate buffer (pH 5.5); 0.25 mL of DPPH] and tubes samples (S) (control tube, 0.05 mL of extract). All tubes were in the dark for 30 min, and subsequently the absorbance was quantified at 517 nm in UV-Vis spectrophotometer. The antioxidant activity was calculated by the formula: $\%AA = [(\bar{x}C-\bar{x}S)/\bar{x}C]*100$. At every accessions, the hydroethanolic solution was the best extractor of substances with antioxidant activity, whereas in the ethanolic solution of C. annum var. annum Cayenne long and C. annum var. glabriusculum the antioxidant activity was not detected (Figure 1). The C. annum var. glabriusculum accession showed the best antioxidant activity in the concentration of 100% hydroethanolic solution, with 75.245%, followed by C. praetermissum (54.499%), C. annum var. annum Cayenne long (50.482%) and C. annum var. Etna (37.660%). The antioxidant activity detected in the extracts may be related to the presence of capsaicin in the fruits of accesses [4], and the hydroethanolic solutions were more effective to extract antioxidants substances of the studied fruits.

References:

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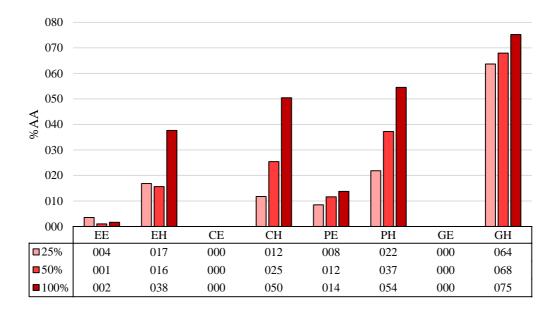


Figure 1. Percentage of antioxidant activity (%AA) of ethanolic (EE) and hydroethanolic extracts (EH) of *C. annum* var. *annum* Etna; ethanolic (CE) and hydroethanolic (CH) of *C. annum* var. *annum* Cayenne long; ethanolic (PE) and hydroethanolic (PH) of *C. praetermissum*; ethanolic (GE) and hydroethanolic (GH) of *C. annum* var. *glabriusculum*; at concentrations of 25, 50 and 100%.